



## **Butte County**

### **Department of Behavioral Health Prevention Unit**

Strengthening Families Program is a 14-week session that is nationally and internationally recognized. It uses science-based parenting skills, children's life skills, and family life skills training program specifically designed for families. Parents and children participate in SFP, both separately and together.

**Strengthening Families** serves the whole family, providing childcare for children ages three and older. Skills training classes are provided for children ages 6-9, 10-13, and 14-17 years of age. The program begins at 5:30pm with a family meal and closes at 8:00pm. A translator is provided for families for who are non-English speaking.

New program cycles start twice a year (August and January) right here in Paradise. Families should attend all 14 sessions to maximize the benefits of the program. Coaches will be assigned to each family to ensure program success.

**Please do not hesitate to reach out for additional information.**

**PARADISE—CARY YASUHARA**

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**Or contact any PUSD site principal or counselor for information.**